

2009
ISLAND GAMES QUALIFYING STANDARDS - ATHLETICS
(MEN)

EVENT	FIRST PLACE 2003	FIRST PLACE 2005	FIRST PLACE 2007	'A' QUALIF STANDARD REQUIRED 2009	'A' HYPO-THEITICAL PLACING 2007	'B' (+3%) QUALIF STANDARD REQUIRED 2009
100m	11.19	10.92	10.72	11.40	7 th	11.70
200m	22.25	22.56	21.99	22.70	6 th	23.30
400m	47.79	48.73	46.70	50.70	7 th	52.20
800m	1:52.74	1:56.58	1:55.04	2:01.00	8 th	2:04.00
1500m	3:51.38	3:53.97	3:51.28	4:16.00	8 th	4:23.00
5000m	15:00.62	15:08.90	14:40.64	16:30.00	8 th	17:00.00
10000m	31:30.09	30:59.87	33:27.60	35:20.00	8 th	36:23.00
½ M.	1hr10:03	1hr11.44	1hr13.05	1hr15.00	5 th	1hr17:15
110M H	15.05	14.65	15.10	16.20	4 th	16.70
400M H	51.27	55.72	54.94	59.00	8 th	61.00
3K SC	9:42.48	9:24.44	9:30.39	10:14.00	6 th	10:32.00
HJ	2m13	2m10	2m09	1m90	5 th	1m84
PV	4m25	4m50	4m15	3m50	4 th	3m40
LJ	7m30	7m44	7m48	6m65	8 th	6m45
TJ	14m33	13m98	15m21	13m25	6 th	12m85
SP	14m80	15m49	15m95	12m50	8 th	12m12
DT	45m28	46m41	45m42	38m00	8 th	36m86
JT	60m37	58m41	62m59	49m50	8 th	48m00
HT	65m82	68m17	69m51	40m00	8 th	38m80
4X100	42.00	42.98	42.37	43.70	3 rd	-
4X400	3:19.61	3:17.57	3:16.03	3:27.00	5 th	-

2009
ISLAND GAMES QUALIFYING STANDARDS - ATHLETICS
(WOMEN)

EVENT	FINAL RESULTS 2003	FINAL RESULTS 2005	FIRST PLACE 2007	'A' QUALIF STANDARD REQUIRED 2009	HYPO-THETICAL PLACING 2007	'B' (+3%) QUALIF STANDARD REQUIRED 2009
100m	12.87	12.62	12.21	13.00	8 th	13.40
200m	26.45	26.06	23.27	26.40	8 th	27.20
400m	57.71	58.32	58.66	60.50	8 th	62.30
800m	2:17.21	2:14.13	2:11.91	2:22.00	7 th	2:26.00
1500m	4:48.50	4:41.72	4:36.59	4:51.00	7 th	5:00.00
5000m	18:08.97	18:24.61	17:01.00	18:50.00	8 th	19:24.00
10000m	37:34.40	38:19.74	37:23.68	40:00.00	6 th	41:12.00
$\frac{1}{2}$ M	1hr25:45	1hr25.31	1hr26.28	1hr30.00	5 th	1hr33.00
100M H	15.30	15.62	14.71	16.00	8 th	16.50
400M H	1:03.79	1:04.10	63.29	68.00	7 th	70.00
HJ	1m67	1m63	1m65	1m55	6 th	1m50
PV	-	-	-	-	-	-
LJ	5m40	5m71	5m95	5m00	8 th	4m85
TJ	11m78	11m55	11m54	10m86	4 th	10m53
SP	12m34	11m76	12m82	10m30	8 th	9m99
DT	41m54	42m42	44m91	32m00	6 th	31m00
JT	41m18	40m10	50m54	37m10	8 th	35m99
HT	39m74	45m05	43m25	35m00	7 th	33m95
4X100	50.08	49.87	49.77	52.00	7 th	-
4X400	3:59.64	3:58.5	3:55.81	4:04.00	4 th	-

ISLAND GAMES
ELIGIBILITY, QUALIFICATION & SELECTION PROCEDURE

1. ELIGIBILITY:

(Extract from the Island Games Association Rules)

To be considered for entry, athletes must meet the following criteria as set out by the Island Games Association:

Athletics By-laws

1. Competition rules

1.1 The Athletics events are to be organised under IAAF rules.

1.2 Age Limits

1.2.1 The minimum age limit for both male and female competitors will be 15 years and for the Half Marathon 18 years as at the 1st of June in the year of the particular Games at which competitor wished to compete. No dispensation will be given.

Section 6 - Conditions for Representing an Island

To represent an Island, a competitor may qualify either by:

6.1 Having been born on the Member Island.

6.2 A competitor may be considered to have been born on a Member Island if the mother was normally resident on that island immediately prior to the birth and returned to the island soon after.

6.3 Having been resident on that Member Island for the period of twelve consecutive months prior to the date of the Opening Ceremony of the Games intended to participate in.

6.4 Any person wishing to gain qualification under 6.3 and who is following a programme of study or involved in military service out of the Member Island shall be deemed to be a permanent resident for the purpose of qualification.

Any competitor not complying with the above shall be subject to an automatic disqualification from the Games.

Section 7 - Eligibility to Compete

A competitor to be eligible to compete in a Games shall comply with Section 6 and shall:

7.1 Comply with the rules and regulations laid down by the International Federation governing their sport.

7.2 Not be currently under disqualification or suspension under the rules of the relevant International Federation or their own member sports Association.

2. QUALIFYING STANDARDS:

Individual Events:

Only two competitors will be selected per event.

Team Events:

Relays: 4 competitors will be selected.

Half Marathon: 3 competitors will be selected.

To be considered for selection, athletes must achieve the Qualifying Standard in the competition year prior to the Games, for example for the 2009 Island Games, the qualifying standard would need to be achieved in the competition year 2008.

'A' Qualifying Standard

If more than two athletes achieve the 'A' Qualifying standard in any event, the following will be taken into consideration:

- Level of performance
- Consistency
- Current form

'B' Qualifying Standard

This category has been designed to allow athletes who are eligible and have achieved the 'A' qualifying standard in another event to be considered for representation in a second event.

or

Where there are no Jersey athletes who have achieved the 'A' standard in that event.

Half Marathon (Team)

If there are less than three athletes with the 'A' qualifying standard, athletes with the 'B' qualifying standard may be considered for the purpose of enabling a team to compete in the Half Marathon.

3. SELECTION PROCEDURE

- Athletes must complete an application for selection form
- Forms must be returned to the Team Manager not later than 5 December 2008
- Athletes will be informed of the decision on team selection in writing

THE TEAM MANAGER'S DECISION WILL BE FINAL.

4. DEPOSIT

Following selection you will be informed in writing of the cost of the trip, the deposit to be paid and the due dates.

(This is determined by the Island Games Association of Jersey - details will be confirmed as soon as possible.)